

CLUB TRAINING SCHEDULE

SEPTEMBER 2025 - APRIL 2026



AMERICAN FOOTBALL
BADMINTON
BASKETBALL MEN
BASKETBALL WOMEN
BOXING

CHEERLEADING
CRICKET
DANCE

FENCING
FOOTBALL WOMEN
FOOTBALL MEN
FUTSAL
NETBALL
ROWING
RUGBY UNION MEN
RUGBY UNION WOMEN
SWIMMING

TENNIS

VOLLEYBALL

FORD QUARRY HUB | TUES 8PM-10PM
CITYSPACE | THUR 5PM-8PM
CITYSPACE | TUE 8PM-10PM
CITYSPACE | THUR 8PM-10PM
MF BOXING, RYHOPE
MON 7:30PM-8:30PM
WED 7:30PM-8:30PM
FRI 7:30PM-8:30PM
CITYSPACE | THUR 7:30PM-10PM
WHITBURN ACADEMY | TUES 6PM-8PM
PRIESTMAN DRAMA STUDIO
SUN 9AM-8PM
WED 6PM-8PM
CITYSPACE | THUR 8PM-10PM
FORD QUARRY HUB | MON 8PM-10PM
FORD QUARRY HUB | MON 8PM-10PM
CITYSPACE | FRI 6PM-8PM
CITYSPACE | MON 6PM-8PM
CITYSPACE | TUE 8PM-10PM
ASHBROOKE RUGBY CLUB | MON 6PM-8PM
ASHBROOKE RUGBY CLUB | MON 6PM-8PM
MONKWEARMOUTH ACADEMY
MON 7:45PM-8:45PM
WED 7:45PM-8:45PM
SILKSWORTH TENNIS CENTRE
MON 6PM-7PM
WED 6PM-8PM
CITYSPACE | MON 8PM-10PM

FOR ANY QUERIES PLEASE CONTACT: LAURA.HOCKADAY@SUNDERLAND.AC.UK



SCHEDULING IS SUBJECT TO CHANGE
PLEASE KEEP AN EYE OUT FOR ANY UPDATES VIA EMAIL,
360 PLAYER AND SOCIAL MEDIA



**University of
Sunderland**