



University of Sunderland Recovery Pledge

“Our university welcomes and supports people in recovery and we value the contribution that they have made, and continue to make, to university life. Higher education provides an invaluable opportunity for people to grow and learn and should be available to everyone. We commit to reducing the barriers to university for people in recovery and we will ensure that we foster a supportive environment that enables people in recovery to thrive and to reach their full potential.”

We will:

- Raise awareness and educate students and staff about recovery.
- Actively address and challenge the stigma of people in recovery.
- Ensure that there are opportunities to increase the visibility of recovery within our university and to ensure that recovery is valued and celebrated.
- Ensure that there are recovery friendly events at our university.
- Ensure that barriers to our university for people in recovery are addressed.
- Promote and support opportunities for people in recovery to support others in recovery.
- Provide a recovery hub within the university, which will be regarded as a safe space for people in recovery, which will be the focal point for people in recovery to build community.
- Ensure that our Wellbeing and Student Support Teams are aware of the needs of people in recovery and have the appropriate knowledge and referral information for onward signposting and support to meet the needs of people in recovery.
- Ensure that accommodation options meet the needs of people in recovery.
- Ensure that we increase our awareness of the needs of families and loved ones of people in recovery.